

MENTAL HEALTH IN A CHANGING WORLD

MÁLAGA, THURSDAY 3RD TO SATURDAY 5TH OCTOBER 2013

Hotel Monte Málaga

ASOCIACIÓN PSICOTERAPIA

5 Th International Conference Cognitive Analytic Therapy (CAI)

COGNITIVO ANALÍTICA

ESPAÑA

(ICAIA) ana the Spanish Association for Cognitive Analytic Therapy (APCAE)

Cognitivo Analítica de

España

Come and join us in the welcoming city of Málaga in the South of Spain. We are meeting at the Hotel Monte Málaga, by the sea near the POTENAPIA POTE.

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All welcome, from beginners to the highly experienced.

The main language of the conference is English. Friday plenaries will be simultaneously translated into Spanish.

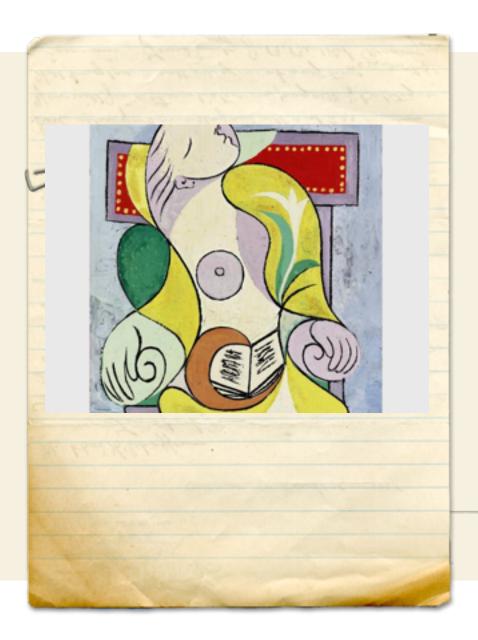
The conference themes are: personality disorder, trauma and relationships, therapeutic tools and the process of change, working together across boundaries of culture, profession and model, values in CAT.

Topics and sessions include:

- Presenting: Prof Mikael Leiman, Prof Dieter Herman, Dr James Low, Dr Carlos Mirapeix, Dr Jason Hepple...
- Using CAT for consultation and charge incomplete of the partial and teams

COGNITIVO ANALÍTICA

- Psychotherapeutic responses to economic and political crises
- Bringing theory alive: wide range of experiential workshops
- Does CAT fit with the new DSM5 view of Personality Disorders?
- CAT's version of mentalisation, metacognition and levels of affect regulation
- What to do in the "middle of a CAT therapy"
- Evaluating change in CAT: symptom relief or therapeutic understanding.
- CAT over the lifespan: adolescence, adulthood, older age
- Values in the consulting room: personal, cultural, social and spiritual.



To book a place follow this link to the conference website: www.internationalcat.org

Details of the programme, hotels and links to travel options can be found there. Inscriptions and payments from 1st March 2013. Cost of the conference €200 for the 3 days (Before June) As there are limited places at the conference early booking is highly recommended. For offers and enquiries about presentations and posters email us to:

ConferenceICATA2013@ gmail.com